

### **MEMBER BENEFITS**

- Includes all Group Fitness & Virtual classes
- FREE childcare while you use the Y
- 2 FREE sessions with a Wellness Coach
- Dedicated lap & family swim times
- Reduced rates on sports, swim lessons, camp & more
- Access to all 12 metro Omaha locations

The YMCA of Greater Omaha is here to help you realize your health & wellness goals by offering expert knowledge & community support!

\*FINANCIAL ASSISTANCE AVAILABLE



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## **FUN & FITNESS FOR ALL AT THE Y!**



# BUILDING SKILLS ALL SEASON

#### WINTER YOUTH BASKETBALL & VOLLEYBALL

WINTER SEASON: JANUARY 31-MARCH 7

#### **WINTER YOUTH BASKETBALL**

NE: Teams for kids 3 years-12<sup>th</sup> grade IA: Teams for kids 3 years-8<sup>th</sup> grade

## **WINTER YOUTH VOLLEYBALL** IA: Teams for kids 1st-8th grade

**REGISTER BY DECEMBER 15!** 



## **SWIM INTO CONFIDENCE!**

#### YMCA WINTER SWIM LESSONS

WINTER SESSION: JANUARY 11-FEBRUARY 21

#### **REGISTRATION OPENS:**

**Member:** December 15 Non member: December 19

#### COST

Member: \$75

Non member: \$115



## **GREAT SUMMERS START AT THE Y!**

#### YMCA SUMMER DAY CAMP

CAMP DATES: MAY 26-AUGUST 21

#### **REGISTRATION OPENS:**

Member: February 2 Non member: February 9

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